



Contact Information

Dr. Harbir Singh Gill, MD CCFP (AM)
President and Medical Director
Northeast Addiction and Mental Health (NAM) Centre for Holistic Recovery

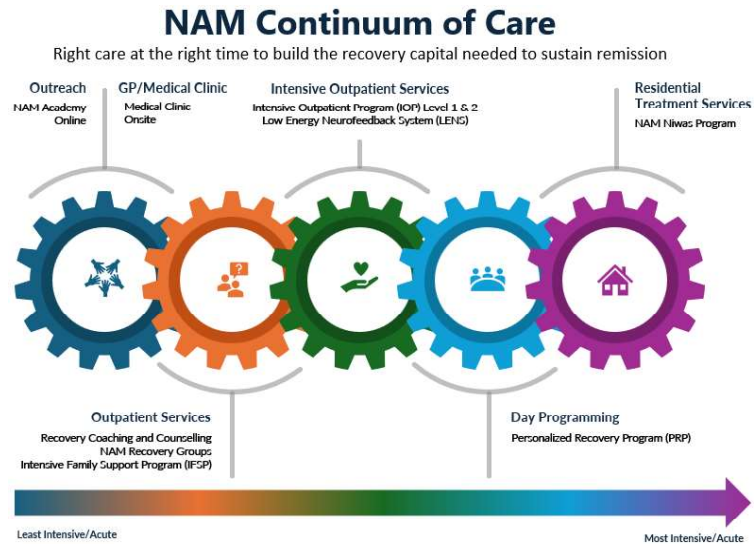
Email: hsgill@namrecovery.com

Phone: 403-479-1709

Website: www.namrecovery.com

REQUEST: Government Support of NAM's Residential Addiction Treatment Center

- NAM uses the evidence-based Therapeutic Community paradigm, together with the ASAM Criteria to support patients with addiction and co-occurring mental health conditions.
- NAM matches patients to services based on their needs and preferences.
- Throughout their journey to recovery, we support patient choices by providing flexible programs that fit with what they are capable and willing to do.
- Patients can easily move between more and less intense services until they are stabilized.



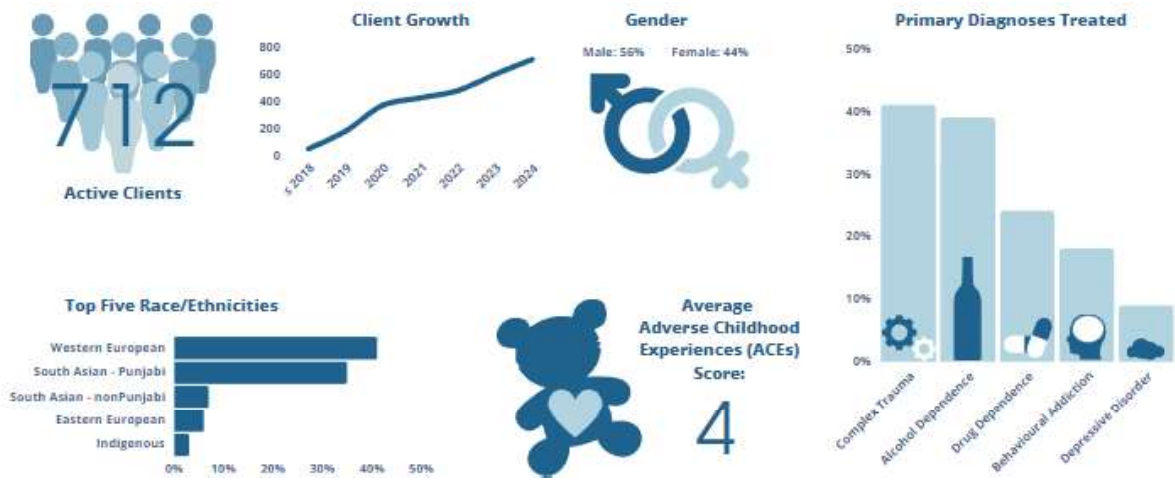
NAM's Continuum of Care was co-designed with patients and families resulting in them receiving the right level of care at the right time, and as often as needed to build recovery capital.

Key Gap that NAM fills

- Alberta is home to 297,650 people of South Asian ethnicity (StatsCan, 2021).
 - Assuming a 15% prevalence of substance use disorder within this community, an estimated 44,000 individuals may require addiction services.
- Providing culturally competent addiction treatment for individuals facing barriers to care, particularly non-English speakers and those from minority ethnic or faith groups.
- NAM is the only provider with a complete culturally competent continuum of care of addiction services and residential treatment in Canada.



NAM is Data Informed



Our Outcomes

NAM is committed to providing value for money. We rigorously study the outcomes of the services we provide and seek to improve upon them.

“I was able to reduce my meds and stabilized medically, I had concussions dealt with neurofeedback, able to focus and pray and get a benefit from it”

Residential Addiction Treatment

NAM Niwas is a licensed residential addiction treatment initiative that provides serves individuals struggling with addiction, focusing on those who are marginalized.



“I feel that I do not have the anger and hate I used to have. Going through life without that hate and anger would be the biggest change in my life since NAM”

Intensive Family Support Program

Addiction affects the whole family support system, and the support for this condition is best undertaken by the whole family. Our IFSP program teaches families/friends how to function as a therapeutic community of being for their loved ones.



“I have my family back. They also understand more about my situation, and we can both interact better.”